



Sunday June 11, 2017

**7K Run at 9:00 AM
1K Kids Fun Run at 10:30 AM**

**Blair Square (about 115 Central St)
Holliston, MA 01746**

Friends of Holliston Trails presents Massachusetts' most unique 7K! This course includes a variety of terrain ranging from the crushed stone surface of Holliston's rail trail to quiet neighborhood roads to single-track trails through Wenakeening Woods. Following the race is a Kids 1K Fun Run.

100% of the net proceeds will fund trail improvements. Please join us for some fun, fresh air, and exercise, all while supporting Holliston's Rails to Trails initiative! The proceeds will support both the Friends of Holliston Trails and the Upper Charles Conservation Land Trust groups.

Register by May 21st to guarantee a t-shirt (7K) or a finisher's medal (Kids Fun Run).

Parking is available on street or at the Robert Adams Middle School (about 5 min walk away).

Online Registration at: <https://g2racereg.webconnex.com/holliston5k17>

Pre-entry Fee: \$25 / Day-of Fee: \$30. \$5 for 1K Fun Run. Make check payable to Friends of Holliston Trails, Inc. and mail to:

Friends of Holliston Trails, c/o Marc Rosenfeld, 7 Springdale Circle, Holliston MA 01746

Registration Form

Circle: 7K 1K

First Name _____ Last Name _____

Mailing Address _____

City _____ State _____ Zip Code _____

Phone _____ Age on Race Day _____ Gender F M **7K Shirt Size S, M, L, XL**

Emergency Contact Name & Phone Number: _____

I would like to make an additional contribution to the cause. \$ _____ Enclosed

I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Friends of Holliston Trails; Upper Charles Conservation Land Trust, Inc.; the town of Holliston, MA; 3C Race Productions; and any sponsor, coordinating group, and any individuals associated with the event. I attest that I am physically fit to compete in this 5M event. Further, I hereby grant full permission to any and all of the foregoing to use my image through photographs, video tapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature _____ Date _____

(Signature of Parent if under 18 years of age)