



Erica's 5K Run to



Sat. 09/25/2010 *START LINE - Tennis Courts at Merrimack High School*
Race Start Time-8:00 am Entry Fee \$20. Day of the Race \$25 Family Pricing Available

Participants may pick up race numbers on Friday 09/24 from 6-8pm at Strikeback Dynamic Defense, 454 DW Highway, Merrimack or on the day of the race at 7am Enter Raffle for prizes donated by local companies. Monetary donations appreciated

Last September, Erica Pombrio, 23, an attendee of Merrimack High School and the daughter of local business owner, Lisa Pombrio (Strikeback Dynamic Defense Systems) lost her courageous battle with cancer. Throughout her fight, she never asked, "Why me?" It was always more painful for her to think of others suffering with this disease.

Our goal is to create Erica's Run as an annual event to honor our angel, Erica Nicole Pombrio and celebrate her life and ALL our loved ones lost to cancer. With each step we take, we hope to help ease the pain and suffering of a local family affected by cancer by donating the proceeds from this event.

(Circle One)

Name: _____ Gender: M F Age: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Phone: _____

Email: _____

T-Shirt Size (While supplies last):(Circle One) **Adult** S M L XL **Child** S M L XL

REGISTER ONLINE AT: http://www.active.com/event_detail.cfm?event_id=1877191

*For more information call (603) 262-9299 or email: **EricasRun@gmail.com.***

*Make check payable to : **Erica Pombrio Fundraiser, c/o Strikeback 454A DW Highway Merrimack, NH 03054***

Race Agreement: By signing below, I understand and agree to the following. I know that to do a road race/walk is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effect of weather, or traffic. I waive, release, discharge, covenant not to sue, indemnify and hold harmless the Town of Merrimack, the Merrimack School District, 3C Race Productions, the race committee, all sponsors, officials and successors from and against all actions, suits, liabilities, claims, demands, cost (including legal fees and expenses) or damages arising out of my participation in this event, whether the results of negligence of any foregoing parties or otherwise. No skateboards, bikes, roller blades or animals are allowed on the course. I give my full permission to use my likeness in all media, photo, recording or other record of this event for any legitimate purpose.

Signed _____ Date _____
(Parent's signature required if participant is under the age of 18)