

EAST BAY 5K



A Hand-up not a hand-out



Colt State Park, Bristol RI
September 17, 2016

Location: Colt State Park, Bristol, RI

Date: September 17, 2016

Starting Time: 9:30am Registration opens at 8:30am

Entry Fee:

- ◆ **ALL TIMED RUNNERS**—\$25 Pre-Register, \$30 Day of race (online registration closes Oct 1st)
- ◆ **WALKERS**—\$10 and Children walking under 14 are free
- ◆ Mail in entries **Must be received by Sept. 14th.**

Make checks payable to:

EBCH - NON REFUNDABLE

East Bay Coalition for the Homeless

100 Bullocks Point Rd.

East Providence, RI 02915

Benefit: All proceeds go to East Bay Coalition for the Homeless

Individual and Company Sponsorships/Corporate Matching is STRONGLY encouraged and GREATLY appreciated

****Use pledge form below****

Full Name: _____

Team Name (if applicable): _____

Gender: Male / Female (circle one) **Birth date:** (mm/dd/yyyy) _____ **Activity:** Running / Walking (circle one)

Mailing Address: _____

City: _____ **State:** _____ **Zipcode** _____

Phone: (____) _____ **Email:** _____

T-SHIRT SIZE, Please circle :

Adult Male	S	M	L	XL	XXL
(T-Shirts for the 1st 100 reg. entries) Adult Female	S	M	L	XL	

EVENT DISCLAIMER: Please review the following waiver and disclaimer. By adding your signature, you accept this waiver and disclaimer.

ASSUMPTION OF RISK AND RELEASE OF LIABILITY A SEPARATE FORM IS REQUIRED FOR EACH PARTICIPANT In consideration of this entry being accepted, I, for myself, my heirs, executors, administrators, agents and assigns do hereby release and forever discharge the East Bay Coalition for the Homeless and East Bay Community Action Program, the Sponsors, the Race Committee, the Town of Bristol and State, the State of Rhode Island, and medical personnel, and any other individual, group of organization (volunteer or otherwise) who participates in organizing, managing or sponsoring the event, from any and all claims or liabilities arising out of my participation in the East Bay Coalition for Homeless 5K and Family Fun Walk. I hereby assume any and all risk associated with my participation in any of these events. I hereby certify that I have read and understand the above statement and agree to be legally bound by this agreement. I also attest that I am physically capable of competing in this event. This waiver of liability and assumption of risk is based on and hereby incorporates Rhode Island Statute Sec. 7-6-9 entitled EXEMPTION FROM LIABILITY. Furthermore I hereby grant full permission to any and all of the foregoing to use my name and my likeness or my child's in any broadcast, telecast, video or print media reporting or advertising of the Event without compensation.

I AGREE by signing here: _____ **Date** _____

Parent /Guardian must sign if entry is under 18 : _____

TEAM REGISTRATION INFORMATION

RUN— Register at <https://g2racereg.webconnex.com/eastbay5k2016>

WALK— Please call or e-mail: 774-901-4490 eastbay5k@ebcap.org

