



**THE CHIEFTAIN CHALLENGE 5K**  
**Entry Form**  
**Saturday, May 21, 2016 @ 10 A.M.**

The Ponaganset Middle School Physical Education and Health Department invite you to join in on a run along the 3.1 mile course on Anan Wade Road, and Route 102 to show your support for lifelong fitness. Our Middle School Student Running Club is training to compete, and raise funds for the construction of x-country trails at our new campus. Post-race festivities will feature: Awards presentation, Wellness Fair attractions, Food & more.

Where & When

*Starting Point:* Ponaganset High School; 91 Anan Wade Road; North Scituate RI 02857

*Ending Point:* Ponaganset Middle School; 7 Rustic Hill Road; North Scituate RI 02857

Awards

Awards will be presented on race day at Ponaganset Middle School. Overall winners in each age & gender group will receive trophies and gift bags.

Parking

All runners are encouraged to Park at Ponaganset Middle School where the race will finish. A school bus will be provided to transport all race contestants to the starting point at Ponaganset High School. The bus will leave P.M.S. promptly at 9:30 a.m. You will also have the option of parking at Ponaganset High School and taking the school bus back to P.H.S. at 11:30 a.m.

**PONAGANSET SPRING 2015 SPORTS TEAM:** \_\_\_\_\_ **H.S. or M.S.**

Registration: Sign up online at: <https://g2racereg.webconnex.com/chieftain5k2016> or

Please fill out and return to Mr. Ferns at P.M.S. or mail the form below

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender: Male \_\_\_ Female \_\_\_ Age Group: (50+) \_\_\_ (49-25) \_\_\_ 24-15: \_\_\_ 14 & under \_\_\_

\*T-Shirt size \_\_\_\_\_ (T-Shirts guaranteed to the first 150 registrants: size preference not guaranteed)

Please Make Check Payable to: Ponaganset Middle School in the amount of \$20.00/ runner.

*Ponaganset Middle School and High School Student Runners are FREE.*

Mail to:

Ponaganset Middle School  
Attention: Michael Ferns  
7 Rustic Hill Road  
North Scituate, RI 02857

**Waiver Must Be Read and Signed Before Mailing:**

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release The Foster Glocester School District and the PMS PE / Health Department, USATF, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

Signature of Runner (or Parent / Guardian if under 18)

X \_\_\_\_\_ Date \_\_\_\_\_

- For sponsorship information please call Mrs. Lynne Donnelly @ (401) 710-7500 ext 2291